



Limerick Lions Basketball Club

recruiting new members for 2010/11



- well-established club
- All-Ireland u14 champs 2010
- highly experienced coaches
- ultra-modern facilities
- top-class competitions
- fun activities
- reasonable membership fee
- strong club structures
- Basketball Irl. registered
- fully insured



For more info ...

visit: www.LimerickLions.com
or call Brendan @ 087-6296109



Training Times

St Clements College Gym
From Sunday Sept 5th

U8s/U10s: Sundays 10 to 11am

U12s: Sundays 12:30 to 2pm

U14s: Sundays 11am to 12:30pm
Fridays 7pm to 8:30pm

U16s: Sundays 2 to 3:30pm
Wednesdays 8 to 9pm

U18s: Sundays 3:30 to 5pm
Wednesdays 9 to 10pm

Seniors: Mondays 9 to 10pm
Fridays 8:30 to 10pm